

Sermon: Wait on the Lord

Philippians 4:6-8

Matthew 6:9-13

Isaiah 40:27-31

What does it mean to 'Wait on the Lord'?

- **Isaiah 40:28-31**
- Spending time alone in communion with Jehovah God who is the source.
- Communion with the Father (prayer),
- Communion with the Word (meditation)
- Communion with the Spirit (conversation: asking and listening)
- Every problem in life can be solved by wisdom and faith
- Waiting on the Lord helps to receive wisdom (light and understanding)
- Waiting on the Lord will help you to hear from God clearly and timely

Jesus is the only real superhero

- He saves, heals and delivers
- The others are mere fantasies which should be kept in the fiction world!
- The worldly system has raised an idol called Santa and an altar called the Christmas tree. We should stop perpetuating this lie to our children.

Why do you need to pray?

Philippians 4:6-7, Matthew 6:9-13

- Prayer is a process of personal engagement with God, bringing you spiritual refreshing, **Psalms 16:11**
- Prayer is communion, cooperation and dependence on God
- Key elements of prayer include praise, repentance, rededication, supplication, intercession and thanksgiving.
- Prayer advances the Kingdom by enabling God's will to be done in your life
- Your daily Quiet Time with God is essential

Why do we need to fast?

Matthew 26:41, Isaiah 40:27-31

- Abstinence from distractions in order to focus more on the Lord
- Distractions include food, work, people, worldly pleasures, entertainment, chatter and noise
- Fasting without spending time with God is mere hunger strike
- Fasting (combined with waiting on the Lord) helps to purify your heart from unbelief (doubt, fear, worry, lust and pride) and increase your faith (through the inflow of light and understanding, i.e. Rhema - the Specific Word).

What does it mean to 'pray in the Spirit'?

Romans 8:26-27

- Prayer that bypasses the limitations and distractions of the mind
- Praying in tongues is evidence of the infilling power of the Spirit, **Acts 2:4**
- Praying in tongues will stimulate your faith, **Jude 20**
- Praying in tongues will help you pray more effectively, **1 Corinthians 14**
- Try to invest at least 30mins daily!
- You can't advance without the Spirit