

## Sermon: Spiritual Warfare 6

Isaiah 40:28-31

Ephesians 6:14-18

Romans 8:26-27

### Ephesians 6:18

- In warfare, you need moments of rest and refreshing, otherwise you may 'dry up' and 'burn out'

Why do you need to pray?

### Philippians 4:6-7

- Prayer is a process, not a weapon
- A process of spiritual rest and refreshing, **Isaiah 40:28-31**
- A process of communion, cooperation and dependence on God
- Includes praise, repentance, rededication, supplication, intercession and thanksgiving.
- God's kingdom advances when His will is done on earth as it is in Heaven
- **Matthew 6:9-13**
- Prayer enables God's will to be done on the earth and in your life
- Your need to spend time in prayer, meditation and communion daily